

MSHSL SECTION 5AA CROSS COUNTRY CHAMPIONSHIPS

October 26, 1995
Lake Nokomis, Minneapolis

Boys 5K

PLACE	TEAM	POINTS	PLACES OF FINISHERS							
1	Osseo	40	1	2	8	14	15	21	25	
2	South	55	3	6	9	13	24	26	29	
3	Southwest	81	5	10	11	22	33	37	73	
4	St. Louis Park	122	16	18	20	30	38	39	44	
5	Park Center	139	7	17	28	41	46	48	51	
6	Fridley	173	4	35	42	43	49	50	58	
7	Columbia Heights	210	23	34	40	45	68	77		
8	Henry	219	12	31	54	56	66	69		
9	Washburn	239	27	36	55	60	61	62	64	
10	Totino Grace	243	32	47	52	53	59	67		
11	North	305	19	65	71	74	76	78		
12	Edison	337	57	63	70	72	75			

Osseo

1	Steve Leuer, 12	15:26.2
2	Steve Paske, 12	16:18.0
8	Shawn Morris, 12	16:51.0
14	Jake Rosch, 10	17:02.5
15	Andy Woodbury, 10	17:05.0
21	Reed Burshem, 9	17:23.9
25	Greg Geers, 11	17:35.1

Time = 1:22:42.49 Places = 40

South

3	Ben Peck, 12	16:26.1
6	Alex Rand, 12	16:42.2
9	Ross Substad, 11	16:51.7
13	Tony Peter, 10	17:01.3
24	Josh Tickner, 11	17:33.4
26	Joel Moffett, 11	17:43.4
3	Gary Spears, 12	17:55.8

Time = 1:24:34.56 Places = 55

Southwest

5	Allen Lundberg, 10	16:34.7
10	Matt Liddy, 11	16:56.4
11	Joe Janzen	17:00.4
22	John Anderson, 12	17:25.5
33	Brad Rowell, 12	18:20.1
37	Andrew Barry	18:32.4
73	John Reuter, 12	21:53.0

Time = 1:26:16.81 Places = 81

St. Louis Park

16	Todd Owens, 11	17:07.3
18	Adam Rauk, 11	17:19.5
20	Jeff Schulman, 12	17:21.7
30	Kris Petrie, 10	18:09.4
38	Greg McClain, 12	18:35.3
39	Zach Zander, 11	18:35.8
44	Troy Handy, 11	18:52.0

Time = 1:28:33.02 Places = 122

Park Center

7	James Larson, 10	16:42.9
17	Todd Larsen, 11	17:12.2
28	Tory Hegrenes, 11	17:55.4
41	Karl Walczak, 10	18:37.0
46	Adam Nelson, 12	19:01.5
48	Ben Johnson, 12	19:12.7
51	Brian McMahon, 12	19:29.7

Time = 1:29:28.95 Places = 139

Fridley

4	Marty Rosendahl, 11	16:32.1
35	Andrew Keenan, 10	18:24.4
2	Troy Guorde, 11	18:42.1
3	Matt Swords, 11	18:47.8
49	Bobby Churack, 11	19:19.9
50	Rob Redpanning	19:22.9
58	Mike Becchetti, 11	19:44.9

Time = 1:31:46.18 Places = 173

Columbia Heights

23	Tedros Gebre, 12	17:31.0
34	Dyle Westman, 10	18:21.0
40	Chip Maxa, 10	18:36.4
45	Foto Gebre, 10	18:54.1
68	Tim Fiandaca, 12	20:26.6
77	Brandon Hanna, 10	23:52.8

Time = 1:33:49.00 Places = 210

Henry

12	Brad Martinez, 11	17:00.7
31	Jermaine Toney, 12	18:12.9
54	Andy Frei, 12	19:41.0
56	Peter Sand, 12	19:42.7
66	Oak Sopiwnnek, 10	20:16.0
69	Ted Sonquist, 12	20:42.7

Time = 1:34:53.16 Places = 219

Washburn

27	Brandon Rivard, 12	17:52.0
36	Axel Porter, 12	18:31.9
55	Bjoern Nierhaus, 12	19:42.2
60	Eric Voight	20:00.0
61	Eric Wuennecke, 12	20:00.3
62	Josh Steele, 10	20:01.7
64	Mike Kost, 10	20:09.9

Time = 1:36:06.20 Places = 239

Totino Grace

32	Chris Beech, 10	18:18.9
47	Mitch Bullard, 10	19:06.1
52	Chris Temple, 10	19:36.7
53	Mark Schepers, 10	19:39.0
59	Scott Schugg, 9	19:51.4
67	Nate Kramer, 10	20:26.0

Time = 1:36:31.92 Places = 243

North

19	Joe Jackson, 12	17:20.1
65	Israel Robinson	20:15.7
71	Eddie Koptetz, 12	21:39.6
74	Dan Jackson, 12	21:56.3
76	Maurio Easley, 11	22:55.6
78	David McPhee, 11	25:27.1

Time = 1:44:07.20 Places = 305

Edison

57	Bonbo Nyembwe, 11	19:43.5
63	John Doyle, 11	20:03.2
70	Bobby Crane, 10	20:52.2
72	Jimmy Nyembwe, 10	21:50.1
75	Gus Miller, 10	22:31.2

Time = 1:45:00.11 Places = 337

PLACE	TEAM	FINISHER	TIME	TEAM
1	1	Steve Leuer, 12	15:26.2	Osseo
2	2	Steve Paske, 12	16:18.0	Osseo
3	3	Ben Peck, 12	16:26.1	South
4	4	Marty Rosendahl, 11	16:32.1	Fridley
5	5	Allen Lundberg, 10	16:34.7	Southwest
6	6	Alex Rand, 12	16:42.2	South
7	7	James Larson, 10	16:42.9	Park Center
8	8	Shawn Morris, 12	16:51.0	Osseo
9	9	Ross Substad, 11	16:51.7	South
10	10	Matt Liddy, 11	16:56.4	Southwest
11	11	Joe Janzen	17:00.4	Southwest
12	12	Brad Martinez, 11	17:00.7	Henry
13	13	Tony Peter, 10	17:01.3	South
14	14	Jake Rosch, 10	17:02.5	Osseo
15	15	Andy Woodbury, 10	17:05.0	Osseo
16	16	Todd Owens, 11	17:07.3	St. Louis Park
17	17	Todd Larsen, 11	17:12.2	Park Center
18	18	Adam Rauk, 11	17:19.5	St. Louis Park
19	19	Joe Jackson, 12	17:20.1	North
20	20	Jeff Schulman, 12	17:21.7	St. Louis Park
21	21	Reed Burshem, 9	17:23.9	Osseo
22	22	John Anderson, 12	17:25.5	Southwest
23	23	Tedros Gebre, 12	17:31.0	Columbia Heights
24	24	Josh Tickner, 11	17:33.4	South
25	25	Greg Geers, 11	17:35.1	Osseo
26	26	Joel Moffett, 11	17:43.4	South
27	27	Brandon Rivard, 12	17:52.0	Washburn
28	28	Tory Hegrenes, 11	17:55.4	Park Center

29	29	Gary Spears, 12	17:55.8	South
30	30	Kris Petrie, 10	18:09.4	St. Louis Park
31	31	Jermaine Toney, 12	18:12.9	Henry
32	32	Chris Beech, 10	18:18.9	Totino Grace
33	33	Brad Rowell, 12	18:20.1	Southwest
34	34	Dyle Westman, 10	18:21.0	Columbia Heights
35	35	Andrew Keenan, 10	18:24.4	Fridley
36	36	Axel Porter, 12	18:31.9	Washburn
37	37	Andrew Barry	18:32.4	Southwest
38	38	Greg McClain, 12	18:35.3	St. Louis Park
39	39	Zach Zander, 11	18:35.8	St. Louis Park
40	40	Chip Maxa, 10	18:36.4	Columbia Heights
41	41	Karl Walczak, 10	18:37.0	Park Center
42	42	Troy Guorde, 11	18:42.1	Fridley
43	43	Matt Swords, 11	18:47.8	Fridley
44	44	Troy Handy, 11	18:52.0	St. Louis Park
45	45	Foto Gebre, 10	18:54.1	Columbia Heights
46		Neil Oxendale, 11	18:58.8	Roosevelt
47	46	Adam Nelson, 12	19:01.5	Park Center
48	47	Mitch Bullard, 10	19:06.1	Totino Grace
49	48	Ben Johnson, 12	19:12.7	Park Center
50	49	Bobby Churack, 11	19:19.9	Fridley
51	50	Rob Redpanning	19:22.9	Fridley
52	51	Brian McMahon, 12	19:29.7	Park Center
53	52	Chris Temple, 10	19:36.7	Totino Grace
54	53	Mark Schepers, 10	19:39.0	Totino Grace
55	54	Andy Frei, 12	19:41.0	Henry
56	55	Bjoern Nierhaus, 12	19:42.2	Washburn
57	56	Peter Sand, 12	19:42.7	Henry
58	57	Bonbo Nyembwe, 11	19:43.5	Edison
59	58	Mike Becchetti, 11	19:44.9	Fridley
60	59	Scott Schugg, 9	19:51.4	Totino Grace
61	60	Eric Voight	20:00.0	Washburn
62	61	Eric Wuennecke, 12	20:00.3	Washburn
63	62	Josh Steele, 10	20:01.7	Washburn
64	63	John Doyle, 11	20:03.2	Edison
65		Cory Jensen, 12	20:07.8	Roosevelt
66	64	Mike Kost, 10	20:09.9	Washburn
67	65	Israel Robinson	20:15.7	North
68	66	Oak Sopiwnek, 10	20:16.0	Henry
69	67	Nate Kramer, 10	20:26.0	Totino Grace
70	68	Tim Fiandaca, 12	20:26.6	Columbia Heights
71	69	Ted Sonquist, 12	20:42.7	Henry
72	70	Bobby Crane, 10	20:52.2	Edison
73	71	Eddie Kopietz, 12	21:39.6	North
74	72	Jimmy Nyembwe, 10	21:50.1	Edison
75	73	John Reuter, 12	21:53.0	Southwest
76	74	Dan Jackson, 12	21:56.3	North
77	75	Gus Miller, 10	22:31.2	Edison
78	76	Maurio Easley, 11	22:55.6	North
79	77	Brandon Hanna, 10	23:52.8	Columbia Heights
80	78	David McPhee, 11	25:27.1	North

Results by



Apple Raceberry Jam